



FEBRUARY 2012

# THE SPIRITUALIST

A PUBLICATION OF PLYMOUTH SPIRITUALIST CHURCH



## PASTOR'S CORNER

Greetings Dear Ones,  
Happy February! So, we are now celebrating the month of Love. Ooooo, chocolates anyone?

I often hear people call Valentine's Day the "Hallmark" holiday. Honestly, I do not need anyone to remind me to share my love with others. I choose to do this EVERYDAY. I write love notes on napkins placed in a lunch box, write on any steamy window or mirror, send cards, emails, texts and I end phone calls with an "I love you" to my family and friends.

In my lifetime I have worked with way too many clients who live with the regret of not saying it enough or hearing it enough from a departed loved one. It hurts both parties so much, having all that love left unspoken. Opportunities are wasted when a life is suddenly cut short. I know that If tomorrow never comes, all those with whom I have shared my journey would never doubt how much I loved, adored, cherished and appreciated them.

They wouldn't need someone to have to reassure them. They would just think of me and smile. Their hearts would fill and KNOW they would feel me. Love heals everything. No matter what ails you, MORE love is needed. It is the perfect remedy. The side effects are life altering! Love

## Together We Are One

Pastor Robin Higgins  
29 Vick Park A  
Rochester, NY 14607  
(585) 271-1470  
pastorrobin@rochester.rr.com

### Sunday Service

10:30 - 12:00 noon

### Message & Spiritual Healing Service

### Third Wednesday Each Month

7 - 9 PM

Please arrive by 8 PM  
10-minute readings for  
\$15 donation

Free Spiritual Healing

### Pastor's Office Hours:

As available & by appointment

### Web Site:

[Plymouthspiritualistchurch.org](http://Plymouthspiritualistchurch.org)

### Newsletter Feedback:

newsletter@  
[plymouthspiritualistchurch.org](http://plymouthspiritualistchurch.org)

## BOARD OF TRUSTEES

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Rebecca Washington:  
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**Pastoral Staff/Student Minister:**

Cathie Miller: catmiller1010@aol.com

**Spiritual Healing Development::**

Kathy Manikowski: Sunflowernl@aol.com

## Church Change for Community Change

Put your pocket change in the little wooden church in the entry hall. Small amounts of change can really add up to make big changes in the world around us!

### February

*Guiding Eyes for the Blind, Monroe Region*



## PSC February Theme:

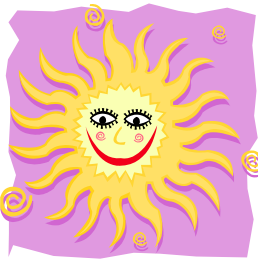
# Practicing Unconditional Love

raises your vibration, clears your mind, and brightens your spirit. Love connects you with everything and everyone on a soul level. I often hear my higher guidance sing "What The World Needs Now is Love Sweet Love. It's The Only Thing That There's Just Too Little Of" and I must add I totally and absolutely agree! And always know that I <3 U!

XO ~Pastor Robin & Company



**WHAT'S NEW AT PSC?**



**~Happy New You Series~**  
with Robin Wind

**Part 2: How To Co-create Abundance and Positive Change**

with Robin Wind, AKA Pastor Robin  
Saturday, Feb. 4, 1-4 PM  
\$30  
\*4 Student Minimum



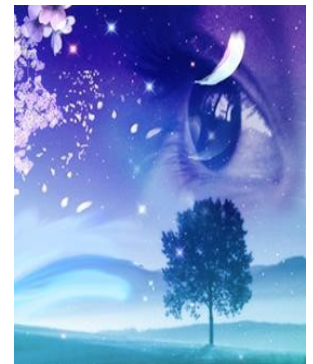
**THANK YOU, THANK YOU, THANK YOU**



to the angels who are making PSC's dream of a new tile floor come true through their donations of time and money!

**Let's Astral Travel**

"How To Do Astral Projection"  
With Robin Wind  
Friday, Feb. 17, 7-9 PM  
\$25  
\*4 Student Minimum



**Understanding Your Signs & Symbols**

*~Your Soul's Language~*



With Pastor Robin Higgins  
Sunday, Feb. 12, 1-4 PM  
\$30 \*4 Student Minimum



**PSC Wishes for 2012**

Make a difference for our PSC community!

Bring in any items purchased and put these in the Pastor's office. Food gift cards for Wegman's, Tops, or Price Rite in any amount for food cupboard are always appreciated!

- Healthy snacks/juice boxes for child care
- Coffee, creamers, tea, and cocoa
- Craft supplies
- Aluminum foil, plastic wrap, and Ziplock storage baggies
- Paper plates, cups, plastic forks, spoons and knives
- Napkins, paper towels, small and tall garbage bags, single-ply toilet paper
- Reams of white copy paper 8.5 x 11 and newsletter size 11 x 17
- Canned goods, non-perishables for food cupboard (sell dates MUST NOT be expired!)
- Donations of time and service for labor
- Help clean the church
- Give a PSC Friend a ride to and from service
- Quiet games and puzzles



**A huge "Thank You" goes out to all who help PSC!**

**~Reach for the Stars~**

**Make a Dream Come True!**

Want to make a bigger splash and rock PSC's world?  
**PSC "Spirit of GOLD and Platinum Giving" Wish List:**

- A New PSC Fundraising Chairperson and Committee to organize them with a Grant Writer on it!
- 4-6 wooden bookshelves for the library at approx. \$75-\$100 each
- Donations to the NEW carpeting—church estimates range \$4,000-\$5,000 (high-end quotes includes labor)
- New energy-efficient windows for church building \$10,000 (includes labor)
- Back door steps cinderblock re-mason including fire escape platform
- 5 new large to extra large round tables for Fellowship Hall (reception style) and tablecloths
- NEW AC System~\$8,000
- NEW sound system \$250-\$300
- Parking lot repaired - estimate from contractor \$700
- Remove wallpaper and repaint ladies room (labor and paint)

When making donations towards a specific WISH, please place it in the check memo area. A letter of receipt for donations will be given for tax purposes.

## FEBRUARY'S THEME: PRACTICING UNCONDITIONAL LOVE

Wed. Feb 1	<b>Meet and Greet Your Spirit Guides</b> class, Pastor Robin, 7-9 PM, \$25
Thurs. Feb 2	<b>Mediumship Development Circle</b> , 7-9 PM, \$10
Sat. Feb 4	<b>*Happy New You Series</b> with Robin Wind, Part 2 How To Co-Create Abundance and Positive Change, 1-4 PM, \$30
+Sun. Feb 5	<b>Speaker: Jessica Burton</b> <b>Extended Spiritual Healing</b> , 12:00–12:15 PM <b>Open Meditation Development Circle</b> with Cathie Miller, 1–3 PM, \$10, walk-ins welcome
Tues. Feb 7	<b>Spiritual Healing Development Circle</b> , Kathy Manikowski, 7-9 PM, \$10
Wed. Feb 8	<b>Open Healing Circle</b> , “Healing for your Heart,” 7-9 PM, \$10 Please sign up at church!
Sat. Feb 11	<b>Gallery Readings</b> , 7-9 PM, \$15 Walk-ins welcome!
Sun. Feb 12	<b>Speaker: Pastor Robin</b> <b>Understanding Your Signs &amp; Symbols</b> , 1-4 PM, \$30
Wed. Feb 15	<b>All Message and Spiritual Healing Service</b> , 7-9 PM, \$15/10-min reading, arrive by 8 PM for readings
Thurs. Feb 16	<b>Mediumship Development Circle</b> , 7-9 PM, \$10
Fri. Feb 17	<b>Let's Astral Travel</b> , with Robin Wind, 7-9 PM, \$25
+Sun. Feb 19	<b>Speaker: Kitty Moran</b> <b>Meal and a Message:</b> Tailgate Party Foods! PSC members \$12, friends \$15; Message only \$10; Meal only \$5. <i>Bring a dish to pass and eat for free!</i>
Tues. Feb 21	<b>Spiritual Healing Development Circle</b> , Kathy Manikowski, 7-9 PM, \$10
Wed. Feb 22	<b>Pathways to Plymouth Step #2 “Healing,”</b> 7-9, \$25 or \$75 for 4 classes
Thurs. Feb 23	<b>*Calling the Tribe</b> , 7-9 PM, love donation accepted
Fri. Feb 24	<b>Open Message Circle</b> , 7-9, \$25
Sun. Feb 26	<b>Speaker: Sharon Peck</b>

## MARCH THEME: HISTORY OF SPIRITUALISM

Thurs. Mar 1	<b>Mediumship Development Circle</b> , 7-9 PM, \$10
Sat. Mar 3	<b>Mediumship 101</b> , Development Workshop, with Pastor Robin, 9 AM–5 PM, \$75
+Sun. March 4	<b>Extended Spiritual Healing</b> , 12:00–12:15 PM <b>Open Meditation Development Circle</b> with Cathie Miller, 1–3 PM, \$10, walk-ins welcome
Tues. Mar 6	<b>Spiritual Healing Development Circle</b> , 7-9 PM, \$10
Wed. Mar 7	<b>Meet and Greet Your Spirit Guides</b> , Pastor Robin, 7-9 PM, \$25
Sat. Mar 10	<b>Séance</b> , Pastor Robin and Company, 7-9 PM, \$25
Wed. Mar 14	<b>Open Healing Circle</b> , 7-9 PM, \$10 Please sign up at church!
Thurs. Mar 15	<b>Mediumship Development Circle</b> , 7-9 PM, \$10
+Sun. Mar 18	<b>Meal and a Message:</b> Irish Foods! PSC members \$12, friends \$15; Message only \$10; Meal only \$5. <i>Bring a dish to pass and eat for free!</i>
Tues. Mar 20	<b>Spiritual Healing Development Circle</b> , 7-9 PM, \$10
Wed. Mar 21	<b>All Message and Spiritual Healing Service</b> , 7-9 PM, \$15/10-min reading, arrive by 8 PM for readings
Fri. Mar 23	<b>Open Message Circle</b> , PSC Mediums, 7-9 PM, \$25

## UPCOMING EVENTS ... AND BEYOND:

April 21 **Psychic Fair**

Please see Pastor Robin Higgins if you have concerns meeting the costs of circles or events..

\* Programs offered by Friends of Plymouth, not necessarily NSAC approved.

+ Childcare provided during service.

PSC Open Circles, Classes, and Events!

**Class Minimums and Sign Ups**

Our classes and workshops need to have a **minimum of four people** who are actually **registered and paid**. If you plan to attend a class or an open circle, please sign up, pay, and leave your phone number or email so you may be notified in case in case of cancelations due to weather or lack of sign-ups. Sign-up sheets are located off to the side of the main entrance into church. Sign up with Liz Curcio or Kathy Manikowski to be put on the Circle emailing list.

**MEET AND GREET YOUR SPIRIT GUIDES CLASS**

**WITH PASTOR ROBIN**  
**Wednesday, February 1**

**7-9 PM, \$25**



All Spirit work needs a good foundation. Get to know the team of spirit guides who are working with you. As healers, practicing all types of mediumship work, or in our day-to-day lives, we must tap into this source to help, teach, guide, and protect our gifts. Having a clearer channel to these guides will not only help you to feel better connected to the Source, but will also develop relationships allowing greater understanding of messages from those who assist us! Class includes a guided meditation led by Pastor Robin, followed by a group discussion/Q&A time. The class is interactive and great to do again and again. Each time you do this type of meditation, more is revealed! Please bring a notebook or journal. Contact Pastor Robin with questions!

**Sunday, February 19**  
**Meal and a Message:**  
**Tailgate Party!**



Following the service, stick around for good food, great friends, and an uplifting message from a PSC Medium. For the meal and a message: PSC members \$12, friends \$15; Message only \$10; Meal only \$5. *Bring a dish to pass and eat for free!*

**Cleaning Crew Needed**



PSC needs your help! We need eager individuals to help keep our sanctuary, Fellowship Hall, and bathrooms clean. If you can give of yourself and help your church in this way, please see a Board member, Pastor Robin, or Cathie Miller. Any time you could spend sprucing up PSC would be incredibly appreciated!  
**We need your energy!!**



**Open Healing Circles, second Wednesday of the month, 7-9 PM, \$10**

**February 8 – "Healing for Your Heart"** Meditations, affirmations, visualizations, activities to brighten your heart and your life!



**YOU MUST SIGN UP!**



**YOU MUST SIGN UP!**

**"OPEN" CIRCLES AT PLYMOUTH! Sign up required!!**

There are no prerequisites for attending the following "Open" Circles/Classes! Stop by and see what these Circles offer!

1st Wednesday of the month: **Meet & Greet Your Spirit Guides Class**, with Pastor Robin, 7-9 PM, \$25

1st Sunday of the month: **Open Meditation Development Circle**, with Cathie Miller, 1-3 PM, \$10

2nd Wednesday of the month: **Open Healing Circle**, held from 7-9 PM, \$10, sign up please

4th Friday of the month: **Open Message Circle**, led by a Guest Medium or Pastor Robin Higgins, 7-9 PM, \$25

**Closed Circles, PSC Membership, and Student Healer/Medium Requirements**



**SPIRITUAL HEALING DEVELOPMENT CIRCLE**

The **Spiritual Healing Development Circle** will meet Tuesdays, February 7 and 21 and March 6 and 20.

To attend this circle, you must have attended Step 2 “Healing” of the Pathway to Plymouth program (also known as Intro. to Spiritual Healing).

The cost is \$10 per circle. This circle will meet every other Tuesday.

Questions? Please contact Kathy Manikowski at: sunflowernl@aol.com or call 703-9518.

**MEDIUMSHIP DEVELOPMENT CIRCLE**



The **Mediumship Development Circle** is meeting Thursdays, February 2 and 16 and March 1, 15 and 29, from 7–9PM.

To attend this Circle, you must have attended the full-day “How to do Mediumship” class.

The cost is \$10 per Circle. This circle will meet every other Thursday.

The NSAC/PSC format is taught as you learn to give and receive messages from Spirit. There are also opportunities to discuss personal development, message content and symbols, plus question and answer time.

\*\*Contact Pastor Robin with questions at [Pastorrobin@rochester.rr.com](mailto:Pastorrobin@rochester.rr.com)\*\*

**THE PATHWAY TO PLYMOUTH MEMBERSHIP PROGRAM**

PSC is where you are free to grow and discover your "personal truth." The Pathway to Plymouth Program is designed to answer questions and to provide you with the keys needed to unlock that truth, helping you develop a more meaningful connection with the essence of your being and Spiritualism. It is a four-step process offered three times a year.

Step 1 - Spiritualism: Our Mission, Our Purpose, and Our Principles (Replaces *Philosophy* class)

Step 2 - Healing (Replaces *Spiritual Healing* class)

Step 3 - Mediumship

Step 4 - Opportunities to Serve

**All four classes are required to become a PSC Member.**

Topic discussions will be led by Liz Curcio and Pastor Robin. The classes are held on the fourth Wednesday of the month. Upcoming class dates will be announced. The cost is \$25 per class or \$75 for all 4 classes if prepaid.



**WOULD YOU LIKE TO BE A PSC STUDENT HEALER OR STUDENT MEDIUM?**

**To be called a Student Healer, you must:**

- ~ Attend Step 2 of the “Pathway” program, **and**
- ~ Attend four Tuesday Spiritual Healing Circles

**To be called a Student Medium, you must:**

- ~ Attend Step 3 of the “Pathway” program, **and**
- ~ Attend the all-day “How to do Mediumship” class

\*\*\*\*\*

Contact Pastor Robin, Liz Curcio, or Kathy Manikowski with questions.



# Plymouth Spiritualist Church

# February 2012



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 <b>Meet and Greet Your Spirit Guides</b> with Pastor Robin, 7-9 PM, \$25	2 <b>Mediumship Development Circle</b> 7-9 PM, \$10	3	4 <b>*Happy New You Series</b> with Robin Wind, Part 2 How to co-create abundance and change," 1-4 PM
+Speaker: Jessica Burton 5 <b>Extended Healing</b> 12-12:15 <b>Open Meditation Development Circle</b> with Cathie Miller, 1-3pm, \$10	6	7 <b>Spiritual Healing Development Circle</b> With Kathy Manikowski 7-9 PM, \$10	8 <b>Open Healing Circle</b> "Healing for Your Heart" 7-9 PM, \$10 <b>Sign up!</b>	9	10	11 <b>Gallery Readings</b> 7-9 PM \$15
12 <b>Speaker: Pastor Robin Higgins</b> <b>Understanding Your Signs and Symbols, 1-4 PM, \$30</b>	13	14	15 <b>All Message and Spiritual Healing Service, 7-9, \$15/10-min</b> Reading, free Spiritual Healing	16 <b>Mediumship Development Circle</b> 7-9 PM, \$10	17 <b>Let's Astral Travel,</b> 7-9 PM, \$25	18
+Speaker: Kitty Moran 19 <b>Meal and a Message</b> following the service	20	21 <b>Spiritual Healing Development Circle</b> With Kathy Manikowski 7-9 PM, \$10	22 <b>Pathway to Plymouth Step #2 "Healing", 7-9, \$25</b> or \$75 for 4 classes	23 <b>*Calling the Tribe Circle</b> 7-9 PM Love Donation Accepted	24 <b>Open Message Circle</b> 7-9 PM \$25	25
+Speaker: Sharon Peck 26	27	28	29		+ Sundays when childcare is provided during service	*Sponsored by Friends of PSC

## More PSC!

### PCS Members— Happy Birthday to You!

- Feb 1 Kathy Olek
- Feb 3 Denisse DiGiorgio
- Feb 5 Sandra Moore-Annunziata
- Feb 7 Sean McNamara
- Feb 11 Rebecca Washington
- Feb 27 Kass Petty



### PSC Student Minister



**Cathie Miller** is our Student Minister and has been a member of Plymouth for many years.

As a certified medium, Cathie has come to know many of you! She is looking forward to this learning and growing opportunity!

### Opportunities for Service, Growth, and Community at Plymouth

**PSC Library :** The PSC Library is open! Books can be signed out, and there is a box for donations. Please see Janet Dugan for more information.

**PSC Hymnal Purchase:** You can purchase and dedicate a hymnal in memory or honor of a loved one, a pet, yourself, or just because! Hymnals are \$25 each. Please see Alice Lombardo.

**PSC Prayer, Love, and Light List:** Do you know of someone in need of loving energy for any reason at all? Email *Kathy Manikowski at Sunflowernl@aol.com* and she will add your request to the prayer list. Contact Kathy to become a member of the email prayer group.

**“GOT SPIRIT” Club:** Please, if you know of a person, situation, or family that is in need, or you would be willing to contribute time or donations for identified needs, check the “Needs” and “Haves” board posted. Join the club by contacting a Board member.

**PSC Choir and Music:** Rebecca Washington directs the choir and is your contact. Choir practice follows the church service. Nancy Gaziano is your PSC music contact.

**PSC Food Cupboard:** Donations of food and gift cards are always welcomed and appreciated to help local families! There is a need, especially for gift cards, as the cards provide the means to buy fresh products! Please contact Pastor Robin or Alice Lombardo.

**PSC is on Facebook: and the Internet!** Plymouth has “317 People Like This” on our Plymouth Spiritualist Church **Facebook page!** Are you one who “Likes” the Page? Check it out!

### Please Fill Out Affidavits for Our Student Healers and Mediums

Our students are working to become certified Plymouth Healers and Mediums. Certification for either requires 30 affidavits from you, the receivers! If you have had a wonderful healing or evidential message, please fill out an affidavit. Healer and Medium affidavits are located on the table in the back of the Church. The Medium affidavits are on yellow paper, and the Healer affidavits are on green paper.



**Thank you for supporting our students as they serve God, Spirit, and you!**

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